



We aspire to a knowledge that is not only knowledge but also life and sentiment and which, from the moment it rises up into the human soul, develops the strength to live because it is transmuted into love.

—**Rudolf Steiner**

Address to the opening of the first Waldorf school

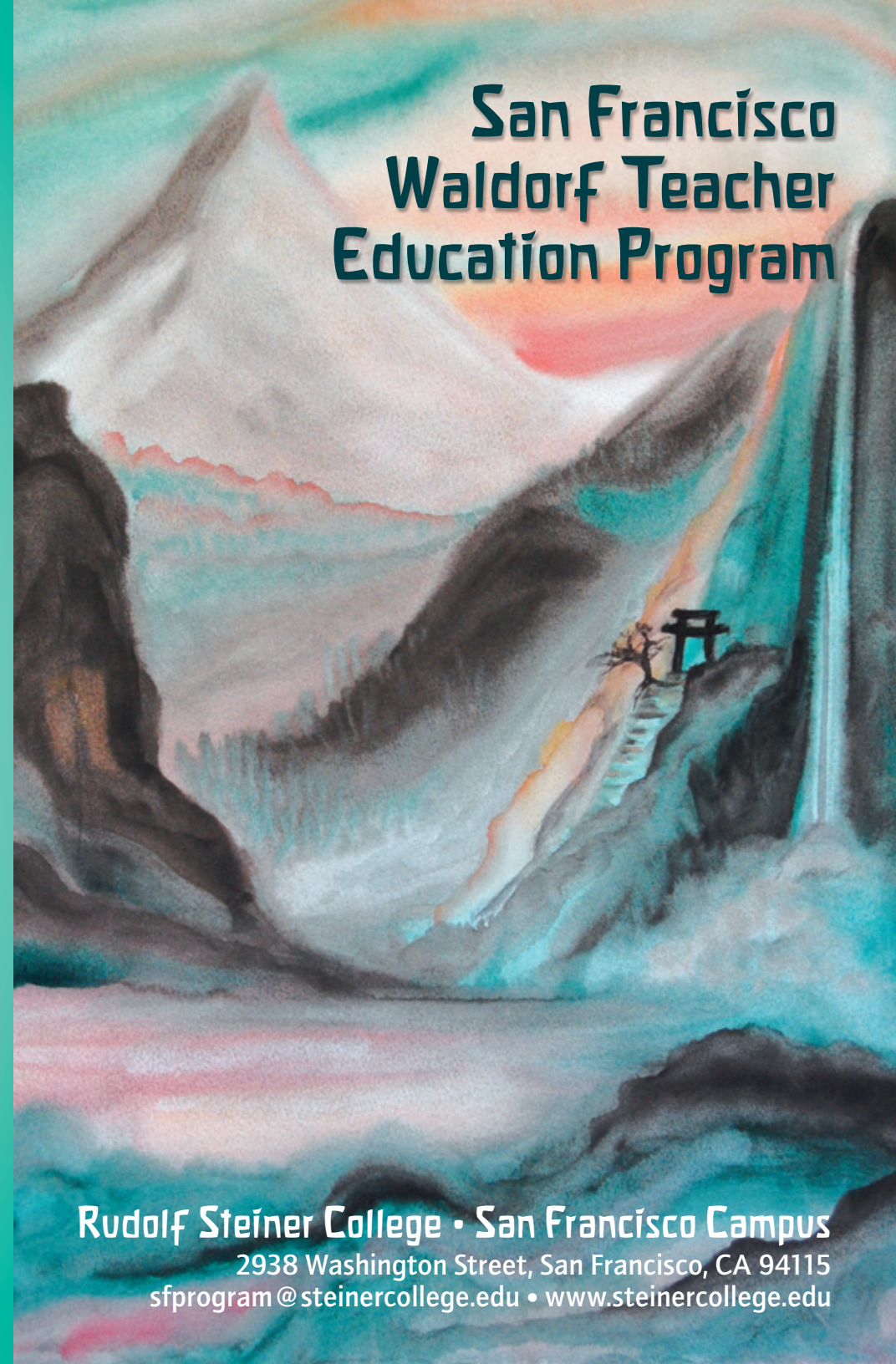
Rudolf Steiner College

A Center for Waldorf Teacher Education, Transformative Learning, and the Arts

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San Francisco Waldorf Teacher Education Program



Rudolf Steiner College • San Francisco Campus

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Rudolf Steiner College

San Francisco Campus



THE SAN FRANCISCO WALDORF TEACHER EDUCATION PROGRAM is a three-year and three-summer part-time training specifically designed for those living and working in the greater San Francisco Bay Area. Emphasis is placed upon awakening the faculties of the teacher and developing his/her creativity in preparation for becoming a certified Waldorf teacher. Qualified graduates have the opportunity to apply to Waldorf schools world wide. Classes meet at the San Francisco Waldorf School on Friday evenings and Saturday mornings during the academic year and for three intensive weeks at the Fair Oaks campus each summer for three summers.

RUDOLF STEINER COLLEGE is one of America's leading centers for Waldorf teacher education and the study of anthroposophy. An important part of the college's mission is bringing Rudolf Steiner's new impulses leading to practical application in a variety of professions in the arts, sciences, and education.

ANTHROPOSOPHY is characterized by Rudolf Steiner as a science of the spirit; it is the philosophical and epistemological foundation of a renewal of science, art, and spiritual practice for the human being of our time and the possibility to transform his faculties of thinking, feeling, and willing in a holistic way.

Waldorf Education

Bring deeper meaning and perspective to your life...

- Deepen your understanding of the human being and his destiny
- Transform yourself into a creative artist
- Learn to renew the art of education and carry this wisdom with you in everything you explore
- Work with master teachers who share their expertise and insights while helping you develop classroom capacities and skills
- Learn to fully integrate practical experience, academics, and the arts while exploring social and group dynamics with your classmates
- Prepare to become a Waldorf teacher at the early childhood, grades, or high school level

The need to experience again the truth, to experience again human community, to feel again stout-heartedness in the whole life of the spirit... This is what a voice within you asks.

—Rudolf Steiner, *The Younger Generation: I*

The Teaching

THE SAN FRANCISCO TEACHER EDUCATION PROGRAM is a three-year transformative process building upon each level of learning, self-development, and discovery. The four main fields of development to deepen the experience of the art of teaching are:

- **Study of the Human Being**, deepening the knowledge of the human and his relationship with the cosmos and world history
- **Developing a Phenomenological Epistemology**, awakening new faculties of observation, imagination, and intuition through schooling of consciousness and inner work
- **Self-Transformation Through the Arts**, developing creativity and reconnecting with one's higher self
- **Pedagogy and Field Experience**, renewing the art and science of teaching out of the knowledge of anthroposophy



EACH WEEK OF STUDY in the academic year is expertly blended to balance and integrate these areas of development through three methods of learning:

- **Study**, deepening one's knowledge through reading books and discussing their content
- **Arts**, re-enlivening the potential to learn creatively and intuitively
- **Seminars**, dynamic and discussion-based learning through interaction with teachers and peers



Sample Schedule

Friday Evening

	7-7:25pm	7:30-8:30pm	8:35-10pm
Year 1	Meeting	Choir	The Human Being and His Destiny
Year 2	Meeting	Choir	Evolution of Consciousness through Art History
Year 3	Meeting	Choir	Practical Advice to Teachers

Saturday Morning

	8:30-9:25am	9:30-10:25am	10:30-11am	11-11:55am	12-1pm
Year 1	The Human Being and His Destiny	Eurythmy	Break	Painting	
Year 2	Evolution of Consciousness through Art History		Break	Eurythmy	Music
Year 3	Practical Advice to Teachers		Break	Music	Eurythmy

What the human being carries in his head will in time be lost. But what he receives into his heart, the heart preserves and carries into all spheres of activity in which the human being is involved.

—**Rudolf Steiner**, *The Younger Generation: XIII*



A Look at the Classes

Year One

Foundation studies in anthroposophy, transformative and artistic disciplines, and a first approach to Waldorf pedagogy.

Study of the Human Being

- **Nature of the Human Being and His Destiny:** a phenomenological study of the human being through the lenses of body, soul, and spirit, followed by an overview of the idea of reincarnation and human destiny. Texts: Rudolf Steiner, *Theosophy* and *Reincarnation and Karma*.
- **Rudolf Steiner's Life and Work:** exploring Steiner's biography as the expression of spirit in human life. Text: Rudolf Steiner, *Autobiography*.
- **Parzival by Wolfram von Eschenbach:** the journey of the medieval hero Perceval, the one who has to pierce the vale of tears and darkness, as a metaphor for the modern search for man's true being through stages of dullness and doubt to final spiritual awakening and love: a path of conscious transformation of the human soul.

Developing a Phenomenological Epistemology:

The Question of Knowing

- From an intellectual knowing to a living, intuitive thinking, this is an introduction to anthroposophy as a new way of encountering nature and human beings as a foundation for ethical individualism and freedom. Texts: Rudolf Steiner, *The Younger Generation*, *Philosophy of Freedom*, and *Knowledge of Higher Worlds*.
- Workshops in Goethean science in the garden of the main campus; a phenomenological approach to nature.

Pedagogy and Field Experience

- **Introduction to Waldorf: Education and Child Development** Texts: Rudolf Steiner, *The Education of the Child* and *The Kingdom of Childhood*.
- **Didactics:** taught during the summer session, these classes discuss the why and how we teach grades 1-3. Language Arts (writing, reading, speech, grammar, and poetry), Mathematics (the world of numbers and forms), and Home Surroundings (the human being and nature) will be presented in an artistic and imaginative way with images which can grow with the child.
- **Field Experience:** Seven days of observation in Waldorf classrooms. Students observe children at different stages of development from kindergarten through grade 12.

Self-Transformation through the Arts

- Speech and Storytelling
 - Eurythmy
 - Singing and Instrumental Music
 - Clay Modeling, Painting, and Drawing
- Students experience the transformative power of the visual arts through painting, drawing, form drawing, clay modeling, and handwork, and develop the skills necessary to each discipline. They also find transformative experiences in the performing arts as they delve into music, eurythmy, movement, speech, and storytelling.

Year Two

Going deeper into the knowledge of the human being as a becoming reality.

Study of the Human Being

- **Biography and the Stages of Life:** reading the book of one's life.
- **Embryology:** the mystery of birth.
- **The Human Being and the Cosmos:** the question of evolution. Texts: Rudolf Steiner, *Outline of Esoteric Science* and *Rosicrucian Wisdom*.
- **History:** reading the 'book of history' and learning to perceive the currents of forces active in the course of history. Text: Rudolf Steiner, *From Symptom to Reality*.
- **Evolution of Consciousness and Art History:** contemplating and reproducing art works of the past and the present and learning to perceive within these works the expression of different aspects of the human soul.
- **The Human Being in His Essence:** going further and deeper into the phenomenological study of the human being and his threefold reality of body, soul, and spirit. Text: Rudolf Steiner, *Study of Man*.



Year Two, *continued*

Self-Transformation and Knowledge through the Arts

- Speech and Drama
- Singing and Instrumental Music
- Eurythmy
- Clay Modeling, Painting, and Drawing

Continuing the practice of artistic disciplines to transform ourselves and develop a deeper understanding of the fourfold organism of the human being: physical, life, soul and I bodies. This is accomplished through modeling and sculpture, music and painting, speech, theater, and eurythmy for the harmony and unity of the four.

Pedagogy and Field Experience

- **Didactics:** out of a deeper knowledge of the human being and the stages of development of the child, here we discover how we can use pedagogical activities to support and offer guidance to the children.
- What to bring in grades 4-5 when learning to read the ‘book of history’ and the ‘book of nature’: the myths, legends, and cultures of humanity, reading, writing, grammar, and poetry on one side; geography, natural sciences, arithmetic, and geometry on the other.
- In the early childhood track the fundamental question is the same; the difference lies in the how and the what one brings to the little children.
- **Field Experience:** three full weeks of practice teaching in a Waldorf school in the kindergarten, grades, or high school level depending upon the student’s chosen track.

We cannot become an educator through study. We cannot drill others into being educators... In each human being is an educator but this educator sleeps; he must be awakened and art is the awakener.

—Rudolf Steiner, *The Younger Generation: XI*

Year Three

Going further and deeper into the art of education.

Study of the Human Being

- **Study of Man:** continuation of the study of the lectures given by Rudolf Steiner to the circle of teachers at the founding of the first Waldorf school.
- **Child Study:** developing phenomenological observation and perception of children where behavior and morphology will form a basis for an inquiry into the development of the human being.

Pedagogy and Field Experience

- **The Architecture of the Teaching Plan:** Rudolf Steiner has sketched different activities and situations that the teacher can use to awaken the consciousness of the children and their faculties. His teaching plan is the human being himself, offering the children an image of the reality they are growing towards.
- **Field Experience:** a four-week internship under the guidance of an experienced teacher.
- **Didactics and Methodology:** courses based upon the lectures given by Rudolf Steiner to the first group of Waldorf teachers will lead deeper into the knowledge and practice of the art of education with an emphasis on the upper grades 6-8. Texts: Rudolf Steiner, *Practical Advice to Teachers* and *Discussions with Teachers*.

Teaching Arts and Self-Transformation

- Modeling with children
- Singing with children
- Speech, Poetry, and Theater
- Blackboard drawing
- Playing different types of recorders

The arts are now taught in a more pedagogical perspective. Experiences in eurythmy, painting, form drawing, choir, and theater continue to deepen the transformative process and the student’s relationship to art. It culminates in the production of a play for the community.





The Faculty



Irène François, Program Director

Anthroposophical Studies, Faust and Parzival, Waldorf Pedagogy; Irène has been a Waldorf teacher at the elementary, high school, and teacher training levels since 1975. She has taught in several countries including France, Switzerland, Canada, and the United States. She holds a degree in East-West comparative philosophy from the University of Paris-Sorbonne and has been the director of the Rudolf Steiner Institute in Quebec since 1990.

Testimonials

Rudolf Steiner College's weekend program 'works' on many levels: it joins a diverse student body with an excellent, experienced faculty, who together take up a thorough, broad and rich course of study. The weekend meetings make enrollment in the program possible for most working adults. James Finn, Alumnus, 2007

At a point in my life when questions were sprouting up in the garden of my soul, the teachers, my peers, and the words of Steiner nurtured, listened to, and challenged me to probe deeper to find the source of my questions and also the answers to them. The Waldorf Teacher Training of Rudolf Steiner College in San Francisco, and now my work at a Waldorf School as a class Teacher, have deepened my inner life, enriched the artist and musician within, and encouraged the willful practice of healthy honest living, viewing, and serving the world. Susan Bolich, Alumna, 2006

I enrolled in the San Francisco program not really knowing what to expect, and not even sure that I would consider being a classroom teacher. As the weekends progressed I quickly grew to love the program and I found myself looking forward more and more enthusiastically to meeting with my classmates and teachers each Friday evening. The teacher training became a joyful focus point for my life. It stimulated my artistic, intellectual, and philosophical practices. After three years, I feel very well-trained as a teacher, enriched as an individual, and very excited to professionally embark on the voyage of educating the children of today.

Cale Brandley, Alumnus, 2010

It is more important that pedagogical and didactic training be directed toward evolving the attitude...within the teacher's soul. The primary focus of a teacher training should be the very heart of human nature itself.

—**Rudolf Steiner**, *The Essentials of Education: III*

Karen Apana *Anthroposophical Studies, Biography;* San Francisco Waldorf High School

Christiaan Boele *Music, Choir;* Singing Conferences and Workshops

Paolo Carini *Geometry;* Math and Physics Teacher, San Francisco Waldorf High School

Diane David *Early Childhood;* Lead Kindergarten Teacher, San Francisco Waldorf School

Guillaume François *Speech, Storytelling, and Theater;* Freelance Director and Speech Artist

Paul Gierlach *History;* Humanities Teacher, San Francisco Waldorf High School

Brian Gray *Cosmology;* Foundations in Anthroposophy Program Director, Rudolf Steiner College

Bodo Langen *Clay Modeling, Coppersmithing;* Art Teacher, Santa Cruz Waldorf School

Ted Mahle *Painting, Drawing, Art History;* Art Teacher, Rudolf Steiner College

Robert McDermott *Rudolf Steiner and others;* Professor, California Institute of Integral Studies

Anna Rainville *Singing Games;* Freelance Artist

Mark-Daniel Schmid *Instrumental Music;* Music, Peninsula Waldorf High School

Isabelle Tabacot *Pedagogical Studies;* Class Teacher, Sacramento Waldorf School

Astrid Thiersch-Weber *Eurythmy;* Eurythmy Teacher, San Francisco Waldorf High School

David Weber *Choir, Pedagogical Studies;* San Francisco Waldorf High School

Contact Us

For more information call Irène François, Program Director, at 415-751-2855, e-mail us at sfprogram@steinercollege.edu, or visit us on Facebook by searching Rudolf Steiner College San Francisco.

For information about Admissions, Tuition and Fees, and Financial Assistance, call 916-961-8727 ext. 100 or visit www.steinercollege.edu (click on Admissions).