

COMMUNITY RESOURCES MAP DIRECTORY

- 1 Rudolf Steiner College**
9200 Fair Oaks Blvd, Fair Oaks, CA 95628
(916)961-8727 www.steinercollege.com
 - 1 Rudolf Steiner College Bookstore**
Mon–Fri 10-6pm, Sat 10-4pm & special event hours
orders@steinercollege.edu
 - 2 Sacramento Waldorf School**
3750 Bannister Rd Fair Oaks, CA 95628 (916)961-3900
 - 3 US Post Office**
7862 Winding Way Fair Oaks, CA 95628 (916)967-0249
 - 4 Fair Oaks Branch Library**
11601 Fair Oaks Blvd Fair Oaks, CA 95628 (916)264-2700
 - 5 Sacramento Regional Transit**
#23 north to Citrus Heights and west to Sacramento
Mon-Fri 6am-9pm (916)321-BUSS www.sacrt.com
 - 6 Fair Oaks Chamber of Commerce**
10224 Fair Oaks Blvd Fair Oaks, CA 95628 (916)967-2903
- BANKS:**
- 7 American River Bank**
10123 Fair Oaks Blvd Fair Oaks, CA 95628 (916)967-2265
 - 8 Bank of America**
7850 Kingswood Dr Citrus Heights, CA 95610 (916)373-6920
 - 9 Wells Fargo Bank (also at Raley's on San Juan)**
6047 Sunrise Blvd Citrus Heights, CA 95610 (800)869-3557
 - 10 Chase**
5801 Sunrise Blvd Citrus Heights, CA 95610 (916)863-2750
- MEDICAL SERVICES:**
- 11 Raphael Medicine & Therapies, Dr. Kelly Sutton, MD**
Anthroposophical care and remedies. Open some weekends.
9801 Fair Oaks Blvd, ste. 300 Fair Oaks, CA 95628 (916)671-1780
 - 12 Center for Living Health-Anthroposophic Medical Group**
11344 Coloma Rd. Ste. 445 Gold River, CA 95670 (916)803-7040
 - 13 The Doctors Center**
Clinic, walk-ins. 8am-midnight
4948 San Juan Ave Fair Oaks, CA 95628 (916)966-6287
 - 14 Med 7 Urgent Care Center**
Clinic, walk-ins.
4156 Manzanita Ave # 100 Carmichael, CA 95608 (916)488-6337
 - 15 Mercy San Juan Medical Center**
6501 Coyle Ave Carmichael, CA 95608 (916)537-5000
- COFFEE SHOPS:**
- 16 Boulevard Coffee Roasting Co**
7901 Fair Oaks Blvd Carmichael, CA 95608 (916)944-0266
 - 17 Mirabelle European Pastry Inc**
7318 Winding Way Fair Oaks, CA 95628 (916)535-0100
 - 18 Starbucks Coffee**
5353 Sunrise Blvd Fair Oaks, CA 95628 (916)966-1639
- RESTAURANTS:**
- 18 Carmita**
Kosher ~ Vegetarian ~ Tapas ~ Falafel
5349 Sunrise Blvd Fair Oaks, 95628 (916)967-1976
 - 19 Udupi Cafe**
2226 Sunrise Blvd Rancho Cordova, CA 95670 (916)851-5900
 - 20 Sunflower Natural Food Restaurant**
10344 Fair Oaks Blvd Fair Oaks, CA 95628 (916)967-4331
 - 6 Fair Oaks Coffee House & Deli**
10223 Fair Oaks Blvd Fair Oaks, CA 95628 (916)966-2130
 - 21 La Bou**
7250 Fair Oaks Blvd # G Carmichael, CA 95608 (916)481-9948
 - 22 Tugboat Fish & Chips**
7601 Fair Oaks Blvd Carmichael, CA 95608 (916)944-4911
 - 23 Carmelita's Mexican Restaurant**
4071 Howard St Fair Oaks, CA 95628 (916)961-3327
 - 24 Takieng Thai Cuisine**
4400 San Juan Ave # 8 Fair Oaks, CA 95628 (916)966-0660
 - 25 Sher-E-Punjab**
6400 Fair Oaks Blvd Carmichael, CA 95608 (916)971-0115
 - 26 Taka's Sushi**
11773 Fair Oaks Blvd Fair Oaks, CA 95628 (916)961-2118
 - 27 Il Forno Classico**
2121 Golden Cen. Ln #10 Rancho Cord., CA 95670 (916)858-0651
 - 20 Slocum House**
7992 California Ave Fair Oaks, CA 95628 (916)961-7211
- GROCERY STORES/FARMER MARKETS:**
- 28 Raley's**
4840 San Juan Ave Fair Oaks, CA 95628 (916)967-4733
 - 18 Trader Joe's**
5309 Sunrise Blvd Fair Oaks, CA 95628 (916)863-1744
 - 29 Elliott's Natural Foods**
8063 Greenback Ln Citrus Heights, CA 95610 (916)726-3033
 - 2 Sacramento Waldorf School**
Thursday Farm Stand at 3pm during the school year. See #2
 - 30 Sunrise Mall Farmer's Market**
Every Saturday, 8am-noon in the parking lot behind the mall.
 - 31 Soil Born Farms American River Ranch**
Open May through Early Winter Saturdays 8am-1pm.
2140 Chase Dr Rancho Cordova, CA 95670 (916)363-9685
Sacramento Natural Foods Coop (not shown on map)
1900 Alhambra Blvd Sacramento, CA 95816 (916)455-2667
 - 32 Whole Foods Market**
4315 Arden Way Sacramento, CA 95864 (916)488-2800
- OTHER SHOPS:**
- 33 Rite Aid**
5409 Sunrise Blvd Citrus Heights, CA 95610 (916)961-2064
 - 24 Babetta's Yarn & Gifts**
4400 San Juan Ave # 20 Fair Oaks, CA 95628 (916)965-6043
 - 26 Beverly Crafts & Fabrics**
8079 Madison Ave Citrus Heights, CA 95610 (916)962-0902
 - 34 The Great Forest Toys**
10351 Fair Oaks Blvd Fair Oaks, CA (916)967-8697
 - 35 Thrift Town**
6328 Fair Oaks Blvd Carmichael, CA 95608 (916)480-0312
 - 14 Goodwill**
4126 Manzanita Ave Carmichael, CA 95608 (916)481-6412
 - 36 EcoThrift**
7305 Greenback Ln Citrus Heights, CA 95621 (916)729-8474
- FITNESS, RECREATION & PLACES OF INTEREST:**
- 37 Burning Lotus Yoga** discounts to RSC students
9045 Fair Oaks Blvd ste. E Fair Oaks, CA (916)944-1080
 - 38 Bannister Park** trails to the river: www.fairoakspark.org
 - 39 American River Parkway & Bike Path/Effie Yeaw Nature Center**
www.msa2.saccounty.net/parks/Pages/default.aspx
 - Sutter's Fort/Indian Museum** www.parks.ca.gov
 - Old Town Sacramento** www.oldsacramento.com
 - Folsom Lake** www.recreation.gov
 - Lake Natomas Aquatic Center**
1901 Hazel Ave Gold River, CA 95670 (916)278-2842
www.sacstateaquaticcenter.com