

# LifeWays Childcare Provider Training



## LifeWays Childcare Provider Training

One-Year, Part-Time • Begins July 22-29, 2011

*Provides 12 Core Early Childhood Education Units\**

### This Course is Designed For:

Parents of Children Birth-to-Seven Years of Age  
Early Childhood Caregivers in Centers or Home-Based Care

Parent/Infant/Child Educators

Parents and Grandparents

After-School Care Providers

All Who Care About the Well-Being of Children



LifeWays is devoted to supporting healthy childcare and home parent/infant/child programs through trainings for caregivers and parent educators. The focus of the LifeWays approach to childcare—from infancy through age six—is to provide, as closely as possible, the best elements of care found within a healthy home. The childcare practices of a LifeWays family-style model are based upon: healthy sense development; continuity of care; development of mind and body; domestic, nurturing, and creative arts; and the development of social interactions. These activities are inspired by the work of Rudolf Steiner and the experience of Waldorf education, and are supported by contemporary early childhood research, as well as the common sense wisdom of many generations of parents.

This **one-year, part-time training** will meet for four intensive sessions: July 22-29, 2011; October 12-16, 2011; February 29-March 4, 2012; and June 18-30, 2012. This course provides **12 Core Early Childhood Education Units\*** for childcare providers in homes or private centers.

*"LifeWays touches so many different areas of life in such a deep and meaningful way. Its wisdom will reverberate through everything I do as a mother, caregiver, teacher, and ultimately will flow into the community and society at large. Its scope is broad—encompassing birth, parenting, infancy, toddlerhood, the young child, homemaking, nurturing relationships, caregiving, and spirituality. Truly transformational!"*

—Tania Gonzalez, Sedona, Arizona; Rudolf Steiner College LifeWays Graduate

**Cynthia Aldinger, Program Director**, is Executive Director of LifeWays North America, and is a member of the Waldorf Early Childhood Association of North America (WECAN) and the Alliance for Childhood. She has lectured internationally and directs trainings across the United States. A former Waldorf Kindergarten teacher, Cynthia's passion is the preservation of the playful spirit of childhood and helping to create home-like environments that provide the comfort, security and activities found in a healthy home.



## RUDOLF STEINER COLLEGE

*34 Years of Excellence in Waldorf Teacher Education*

9200 Fair Oaks Blvd., Fair Oaks, California 95628 • 916-961-8727 • [www.steinercollege.edu](http://www.steinercollege.edu)  
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## Admission

Application packets with information about Rudolf Steiner College Financial Aid may be obtained from the admissions office or from our website: [www.steinercollege.edu](http://www.steinercollege.edu) (click on the *Admissions* link).

## Tuition and Fees

Tuition: \$4,280. The application fee is \$50 for applications received 30 days prior to the first class. Registration fee is \$100. Contracts will be mailed after the application has been approved. Tuition covers arts and crafts supplies and a visit by a mentor, including mentor consultation time. (Participants will be responsible for costs related to lodging and food for the mentor's visits and telephone charges for conversations with the mentor). Students are responsible for all living expenses while here. Dormitory lodging on campus is available. E-mail the housing office at [housing@steinercollege.edu](mailto:housing@steinercollege.edu) for details. Books and supplies for the training are approximately \$300 for the year.

## Financial Aid

Financial Aid terms are in the Financial Aid section of the application packet. The following is a brief description of what is offered:

### Rudolf Steiner College Loan:

Available for up to 65% of the tuition (excluding living expenses). Interest rate: 9%  
These are non-government loans offered by Rudolf Steiner College for students.

If you are a displaced worker in California, please contact the admissions office about financial assistance through the Workforce Investment Act. To find out if you qualify, go to your local *One Stop Career Center* six to eight weeks before the program begins.

### Paying Per Session:

There are no loans or scholarships available with this option. Please contact the admissions office for more information on paying per session. E-mail [rsc@steinercollege.edu](mailto:rsc@steinercollege.edu) or call 916-961-8727 ext. 104.

\*Rudolf Steiner College is an approved college by the Bureau of Private Post Secondary Education. The Units earned in this LifeWays Program are accepted toward ECE unit requirements for Title 22-California State Child Care Licensing Teacher qualifications. They do not qualify for State run childcare programs, such as Head Start or public school programs, nor can they be transferred to other colleges.

For more information call the admissions office at 916-961-8727 ext. 104 or e-mail us as follows:

**Lyn Dixon**

Admissions Officer

*Specific program and  
financial aid questions*

[admissions@steinercollege.edu](mailto:admissions@steinercollege.edu)

**Kim Hofer**

Admissions Contracts/Records

*General financial aid  
and contract questions*

[kim.hofer@steinercollege.edu](mailto:kim.hofer@steinercollege.edu)

**Anne Boyd**

Admissions

*To request  
additional information*

[rsc@steinercollege.edu](mailto:rsc@steinercollege.edu)

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