

The Caldwell Early Life Center at **RUDOLF STEINER COLLEGE**



Family Ways Parenting Classes

September 2011 – May 2012
Saturday Mornings • 9–11 am

**For parents, grandparents, teachers, and caregivers
of children birth through seven years of age**

Come explore a parenting approach based on Steiner's insights into child development, current research, and the practical experience of parents and teachers. In this unique course, we will explore many parenting styles and develop the skill of child observation essential to healthy parenting. Participants will explore cultural attitudes and historical differences in family life through conversation and art. We will create a welcoming place for questions and concerns. Refreshments and craft activity included.

- September 10 Through a Child's Eyes—Looking Back and Looking Forward to Gain Insight Into a Child's World *with Rosemary Glover*
- October 15 Healing Relationships—Exploring Ways to Connect Consciously with your Children *with Lee Sturgeon Day*
- November 19 Talking to Young Children About Death *with Nancy Jewel Poer*
- January 21 Creative Discipline *with Veronica Gunsekara*
- March 17 Exploring Music for Young Children *with Andrea Pronto*
- May 19 Bedtime Bliss—Reduce Conflict with Rhythm *with Lauren Hickman*

Fee: \$18 per family, per session. For childcare reservations (\$8 per child) contact Lauren Hickman by calling 916-961-8727 extension 117 or e-mailing earlychildhood@steinercollege.edu

Rudolf Steiner College

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