

FOUNDATION PROGRAM



Foundation Program

New class begins September 4, 2012

- ★ Full-time program, September–May
- ★ Fulfills prerequisite for all Waldorf Teacher Education programs

“Our highest endeavor must be to develop free human beings who are able, of themselves, to impart meaning and purpose to their lives.” —Rudolf Steiner

The Foundation Program is a creative gateway into the work of Rudolf Steiner and the world view of anthroposophy (the wisdom of becoming human). It is a full-time program of discovery, personal growth, self-transformation, and practical activity leading toward professions that renew culture and heal the earth. The program provides tools to gain deeper insights into the meaning of life on Earth, and pathways to help individuals achieve creativity, freedom, and greater capacity to love. For those preparing to become Waldorf teachers—kindergarten, grades, or high school—the program fulfills the prerequisite for our Waldorf Teacher Education programs.

The program includes courses focusing on the humanities, arts, and sciences, and explores the path of inner development described by Rudolf Steiner. Intensive work in the visual arts (drawing, painting, and modeling) and performing arts (eurythmy, music, speech, and drama) helps each student birth latent capacities and awaken artistic perception essential to many areas of human life and vocation, including that of teaching.

“This is life training. This is about experiencing deeply who you are and why you are here on earth. This is a training that helps you to reach your potential in this lifetime, not only for yourself, but for all of humanity. The support and guidance from my classmates and teachers have made this journey most beautiful and deep.” —Jennifer De Renzi

RUDOLF STEINER COLLEGE

A Center for Waldorf Teacher Education, Transformative Learning, and the Arts
9200 Fair Oaks Boulevard, Fair Oaks, California 95628 • 916-961-8727 ext.100
Visit us online at www.steinercollege.edu

